

Children's early experiences, whether positive or negative, are cumulative. For example, a child's experiences with other children in the first 5 years may help him or her develop social skills and confidence that help him or her to make friends later, and these experiences also help the child's social and school success.

Early experiences and relationships have profound effects on brain development.



What I can do to make a difference.....

Responsive Relationship with My Child: <https://www.zerotothree.org/early-development/social-and-emotional-development>

Monitoring My Child's Development: <https://www.zerotothree.org/early-development/ages-and-stages>

What Trauma Is and How It Can Impact Children: <http://www.nctsn.org/resources/audiences/parents-caregivers>

What Impacts the Brain: <http://developingchild.harvard.edu/science/key-concepts/brain-architecture/>

Impact of Trauma on Brain Development: <http://floridatrauma.org/trauma-brain-development.php>

Where I can learn more...

Social and Emotional Foundations: <http://csefel.vanderbilt.edu/>

Resilience: <http://www.centerforresilientchildren.org/preschool/for-parents/>

Infants and Toddlers: <http://www.centerforresilientchildren.org/infants/for-parents/>

Toxic Stress Derails Development (video): <http://developingchild.harvard.edu/resources/toxic-stress-derails-healthy-development/>



More Information: click [here](#) to access the research for this puzzle piece from the NAEYC Position Statement - Principle #5