

Children of all ages love to play, and it gives them opportunities to develop physical competence and enjoyment of the outdoors, understand and make sense of their world, interact with others, express and control emotions, develop their symbolic and problem-solving abilities, and practice emerging skills. Research shows the links between play and foundational capacities such as memory, self-regulation, oral language abilities, social skills, and success in school.



What I can do to make a difference...

Sensory-Rich Play: <http://www.lcsun-news.com/story/life/wellness/2016/12/01/children-need-sensory-rich-play-not-portable-screen-babysitters/94079346/>

Play Activities: <http://play-activities.com/category/play-activities/>

Sensory Play: <http://www.learning4kids.net/list-of-sensory-play-ideas/>

Play Downloads: www.ccie.com

Dramatic Play: www.communityplaythings.com/resources/articles/dramaticplay/childswork.html

What Children Learn through Play: www.playcentre.nz

Where I can learn more...

Play and Children's Learning: <http://www.naeyc.org/play>

Play Every Day: www.allianceforchildhood.net/projects/lay/pdf_files/play_fact_sheet.pdf

Old-Fashioned Play Builds Skills: www.npr.org/templates/story/story.php?storyId=192112514

Reclaiming Play: https://secure.ccie.com/catalog/product_info.php?products_id=5018044&search=&category=50



More Information: click [here](#) to access the research for this puzzle piece from the NAEYC Position Statement - Principle #10).