

Professional Development Guide for Iowa Early Care & Education Professionals

Continuing Education Available	Training Organization	Total Training Hours
Beginning Level Training		
<p>Child Net</p> <p>This course provides the foundation for operating a successful home child care business. Topics include ethical business practices; appropriate activities, routines, and guidance; nutrition; health and safety; and effective communication.</p>	CCR&R	25
<p>Welcome to Child Care</p> <p>This twelve-hour course is newly revised and provides the foundation for the provision of quality child care for new child care center staff. Topics include child development, health and safety, child development, guidance techniques, professionalism, and more.</p>	CCR&R	12
<p>Welcome to School Age Care</p> <p>This ten-hour series is intended as an orientation for new school-age care staff in child care centers or before/after school programs. Topics include health and safety, classroom management, activities, and professionalism.</p>	CCR&R	10
<p>New Staff Orientation</p> <p>This “work at your own pace” course provides an orientation to child care for new child care center staff and is designed to be provided through self-study (videos and worksheets provided) and in-person contact with your supervisor. Upon completion of the course, materials should be submitted to ISU Extension for evaluation and documentation of successful course completion.</p>	ISU Extension	16
<p>Business Basics</p> <p>Each CCR&R Region offers Business Kits, with invaluable resources, and introductory training for new child development home providers.</p>	CCR&R	Varies
<p>Steps to CACFP Success</p> <p>This workshop covers basic CACFP administration including menu planning, food production records, requirements for emergency shelters, CACFP recordkeeping, and infant feeding. Participants may register for one or all sessions. If centers are new to CACFP, they must to attend the full day workshop. If a center does not care for infants, they do not need to attend the infant feeding session and centers do not need to attend the emergency shelter segment if they are not an emergency shelter.</p>	Iowa Department of Education, Bureau of Nutrition, Health and Transportation Services	7.5
<p>Iowa Eligibility Applications</p> <p>This workshop includes a description of the eligibility application and parent letters, definitions and procedures to annually collect and approve applications.</p>	Iowa Department of Education	2

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<p>Universal Precautions / Exposure Control Planning</p> <p>This course is delivered via the Iowa Communications Network (ICN) and on-line (http://prepareiowa.learnpublichealth.com) and is designed to meet Iowa regulatory requirements for child care center staff.</p> <p>(There are various local alternative options for meeting this requirement.)</p>	Iowa Department of Public Health	1
<p>Mandatory Child Abuse Reporter Training</p> <p>This course is delivered via the Iowa Communications Network (ICN) and online (http://prepareiowa.learnpublichealth.com) and is designed to meet Iowa regulatory requirements for child care center staff.</p> <p>(There are various local alternative options for meeting this requirement.)</p>	Iowa Department of Public Health	2
<p>Outdoor Learning Environments</p> <p>This training discusses the benefits of outdoor learning, and creating high quality, safe early learning opportunities outdoors.</p>	CCR&R	2
<p>Healthy Eats Happy Feet</p> <p>Healthy Eats Happy Feet is a training developed for child care providers, to address the issue of childhood obesity. The curriculum is based on the Iowa Department of Public Health, Bureau of Food and Nutrition's training - "Team Nutrition - Setting the Stage"</p>	CCR&R	2
<p>Family Support Nutrition and Physical Activity Training</p> <p>The goal of this training is to enhance Early Childhood provider's knowledge of nutrition and physical activity when serving families of children 0 – 5. Methods of delivery include lecture, interactive discussion, and hands-on small group sessions lead by both state and local professionals. Subjects covered include but are not limited to Nutrition and Phys Activity for 0-2 and 3-5 yr olds & Feeding Responsibilities, Nutrition & Oral Health, Healthy Snacks, Adapting Recipes, Family Meals & Meal Planning, and MyPyramid for You.</p>	Iowa Dept of Public Health, ISU Extension	5
<p>Iowa Early Childhood Sun Safety</p> <p>The primary goal of this training is to increase the practice of sun-safe behaviors to decrease the future incidence of skin melanoma cancers among Iowans. The principal target groups include children ages three to five, their parents, child care personnel, teachers and other care givers.</p>	Iowa Department of Public Health, Youth Sun Safety Program	2
<p>The Young and the Breathless</p> <p>The course covers the etiology of the disease, signs and symptoms, asthma triggers, environmental triggers and development of an asthma action plan individualized for each child with a diagnosis of asthma.</p>	Iowa Department of Public Health, Asthma Program	2

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<p>Child Care and Preschool Guide to Managing Food Allergies</p> <p>This training is designed to assist providers caring for children with food allergies. Topics include what a food allergy is, common food allergies, symptoms of food allergy exposure, prevention of exposure to allergens, and responding to exposures and emergencies. The training includes information on writing food allergy action plans, nutrition and food storage and handling policies, and procedures for preventing exposure and responding to food allergy related emergencies. The training also covers communication with the family, health care provider and other families and children in care.</p>	Iowa Department of Public Health	2
Intermediate Level Training		
<p>Early Learning Webinars</p> <p>Iowa State University offers on-line learning opportunities for early childhood professionals. Webinars are cost effective, convenient and are offered once a month at 1:00 pm or 6:30 pm. Each 90-minute session includes interactive activities and opportunities to ask presenters questions via chat. Participants must complete a short online follow-up activity to receive a certificate of completion. View monthly topics, training dates and registration information at: http://www.extension.iastate.edu/childcare/earlylearning</p>	ISU Extension	2 hrs
<p>National Administrator's Credential (NAC)</p> <p>This is a comprehensive training for new and experienced child care center administrative staff. Topics include program development, staff and systems management, facility, legal issues, financial management, community relations, and professional development. Upon successful completion, participants will receive the only nationally recognized director credential.</p>	National Child Care Association (NCCA)	40
<p>Beyond Business Basics</p> <p>This series training will benefit home providers as well as administrators of child care centers and continues learning in topics introduced in Child Net and NAC. New topics include Iowa child care regulatory requirements, communication skills, ethics, budgeting, and more. This training is NAC approved.</p>	CCR&R	32
<p>IA Program for Infant & Toddler Care (PITC)</p> <p>Quality infant and toddler care depends upon special relationships between babies and professional caregivers who are "in tune" with each child and his/her needs. The PITC training helps caregivers build strong relationships with the children they care for, design safe and healthy environments and routines critical to development in all domains. Module 5 is NAC approved.</p>	CCR&R	50
<p>IA PITC Academy for Program Directors</p> <p>The Iowa Child Care Resource & Referral (CCR&R) Network has</p>	CCR&R	18

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developed a new annual Academy for child-care center directors, board members and owners; Early Head Start directors; and school-based infant toddler program administrators. The purpose of this three-day academy is to introduce directors and administrators to the IA PITC philosophy of care and support services available as programs strive to continually improve the quality of infant toddler care. This training is NAC approved.		
WestEd/PITC <i>New Perspectives on Infant/Toddler Learning, Development and Care</i> Nationally known experts discuss topics of interest for infant and toddler caregivers (centers & homes) & program directors	CCR&R	6
Every Child Reads The goal of Every Child Reads is to expand the capacity of early care and education professionals in preschools, child care centers, and child development homes to use language, reading, and writing strategies to enhance the literacy development of children ages 3-5 years.	Various	20 – 24
Positive Behavior Supports (PBS) Building positive relationships with children is imperative for their socio-emotional health. The PBS Pyramid Model emphasizes this within the context of promotion, prevention and intervention of challenging behaviors. This course is designed for early care and education professionals serving Infants and Toddlers and Preschoolers. Infant/Toddler Modules 1-3, 18 hrs Preschool Modules 1-3, 24 hrs Leadership Strategies Module 4, 6 hrs This curriculum was developed by Center on Social and Emotional Foundations for Learning (CSEFEL). This training is NAC approved.	Iowa Department of Education, Iowa State University, AEA, Head Start, CCR&R	18-48
Iowa Public Television (IPTV) Book Clubs Distribute free books and training to support family literacy efforts for low-income families and early care and education providers in an effort to make books an important part of young children's lives.	Various	Varies
Creative Curriculum Part 1 of Creative Curriculum addresses the 5 components of the Creative Curriculum framework: How Children Develop and Learn; The Learning Environment; What Children Learn; The Teacher's Role; and The Family's Role. Part 2 applies the 5 components of the curriculum framework to 11 areas: blocks, dramatic play, toys & games, art, library, discovery, sand & water, music & movement, cooking, computers, and outdoors.	AEA	Varies
Environmental Rating Scale (ERS) Training The ERS are nationally recognized scales that assess the quality of	ISU Extension	8 hrs/ series

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<p>early childhood programs. Center administrators and home providers can earn points in the Quality Rating System by attending a four-session series on an ERS appropriate to the age of children and setting in which care is provided.</p> <p>ECERS – Early Childhood Environment Rating Scale ITERS – Infant/Toddler Environment Rating Scale SACRS – School-Age Care Environment Rating Scale FCCRS-R – Family Child Care Environment Rating Scale These trainings are NAC approved.</p>		
<p>Iowa Quality Preschool Program Standards (QPPS) Training</p> <p>The QPPS have been established as a standard of quality for early care and education programs in Iowa. Training includes an overview of the ten standards: relationships, curriculum, teaching, assessment of child progress, health, teachers, families, community relationships, and leadership & management. After programs receive training regarding the 10 standards, they complete a QPPS Self-assessment and a Quality Improvement Plan which is based on the Self-assessment.</p>	AEA	Varies
<p>Medication Administration Policy Training for Child Care Owners and Directors</p> <p>Medicine administration involves both a responsibility and a liability for the person and business giving medication to a child. It is recommended that child care programs orient staff to administering medication and that there is on-going staff training on this topic. The goal of this policy training is to assist and inform child care owners and directors about the practices that constitute safe medication administration for children in their care as well as policies that need to be in place to assure proper medication administration. This training is NAC approved.</p>	Iowa Department of Public Health	2
<p>Power of Mental Health</p> <p>This is a 6 hour training developed by Region VII HCCA Network funded in part by Healthy Child Care America to focus on enhancing mental health for children, families, and staff in child care settings by addressing ways to build skills for interacting with children, guiding behavior, creating environments and relating to families. The three modules included in this training are: Power of Mental Health, The Power of Environments, and The Power of Partners.</p>	Iowa Department of Public Health	6
<p>I-Smile Curriculum</p> <p>This is a 2 hour training offered by I-Smile coordinators working within a Maternal or Child Health agency. The curriculum addresses the high risk of dental disease including dental caries. Early care and education programs wishing to start or strengthen their oral health programs are encouraged to complete this training course.</p>	Iowa Department of Public Health	2

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Intermediate/Advanced Level Training		
<p>CACFP Summer Short Courses</p> <p>Topics and number of days vary from year to year. Typical topics include: food purchasing and food production records; food safety and sanitation; child feeding; management; personnel management; nutrition and nutrition education.</p>	Iowa Department of Education	6.5
<p>Infant Nutrition</p> <p>This workshop will help dietitians, nurses, health educators, and child care providers answer parent's questions about infant food intake, growth, and oral health. Breakout sessions include requirements for claiming infant meals for CACFP reimbursement.</p>	Iowa Dept. of Ed. with the Iowa Department of Public Health, WIC	6
<p>Nutrition for Children From 1-5</p> <p>This workshop will help dietitians, nurses, health educators, and child care providers answer questions about food intake, physical activity, growth concerns, and mealtime behaviors.</p>	Iowa Department of Education, with the Iowa Department of Public Health, WIC	6
<p>Medication Administration for Iowa Child Care Providers</p> <p>This training is designed to help providers safely administer medications to children in their care. Topics include a medication overview, handling and administration of routine medications, medication side effects, allergic reactions, documentation, and right and responsibilities.</p>	Iowa Department of Public Health	5
<p>Annual Conference & various workshops offered by</p> <ul style="list-style-type: none"> • Early Childhood Iowa (ECI) • Iowa Association for the Education of Young Children (Iowa AEYC) • Iowa Association for Family Child Care (IAFCC) • Iowa Head Start Association • National Association for the Education of Young Children (NAEYC) • National Association for Family Child Care (NAFCC) • National After School Association • Iowa School Age Care Alliance (ISACA) • and more 	Various	Varies
Early Childhood Degree	Colleges and Universities	1 credit hour = 15

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