YOU

ARE AN IMPORTANT

PIECE

IN A CHILD'S LIFE!

Learn the facts.

Play is learning. influenced by their family, community, and cultural experiences.

Balanced nutrition, adequate sleep, and physical activity help children grow.

Children are

Early
experiences and
relationships
have profound
effects on brain
development.

Children develop best when they have secure and positive relationships.

Children learn in a variety of ways.

All areas of development and learning are important.

Learning and development occurs in a specific order, but at differing rates.





