

Quarter Lesson Plan

Dates _____

Use the 4 x 4 rule: 4 repetitions in a single class; repeat in 4 classes.

opening song _____

beat keeping

_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

voice exploration

_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

singing short songs

_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

purposeful movement

_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

closing song _____

Preschool Lesson

Date _____

Objectives:

Materials

Parade

Beginning Song Circle

THEME —

Vocal Exploration

Movement Exploration

Instrument or Rhythm Exploration

Goodbye Song

Beat and Rhythm Activities

- rocking
- start/stop games
- ways to keep the beat with hands, feet, instruments

Steady Beat (Timing) . . .

- . . . increases the ability to attend and focus.
- . . . is necessary for reading fluency and speech flow.
- . . . is the basis of patterning, which is necessary for developing sequencing skills in math.
- . . . is needed for coordination!
- . . . helps with spatial awareness.

Listening and Singing Activities

- vocal exploration
- make up new verses for songs

Sequencing Activities

- finger plays
- wiggles and tickles

Sequencing is the ability to keep track of the order of things. It's necessary for following directions. It's vital for problem solving.

Books

- songs in picture books
- movement exploration
- vocal exploration