



 *in*  **Communities**

Free Toolkit & Print Resources

For more resources visit www.sesamestreetincommunities.org

About Us

Sesame Workshop is the nonprofit educational organization behind Sesame Street and so much more. Our mission is to help kids grow smarter, stronger, and kinder. We provide free tools and resources in categories like health and wellness, early learning, and social-emotional wellbeing. We're passionate about reaching children and the caring adults in their lives.

Our Partnerships

Working at the national, regional, and local levels, we foster relationships with community-based organizations and agencies, integrating our resources into their existing work to engage families and young children in a deep connection with these tools. Our projects are funded by support from corporations, foundations, government agencies, major donors, and individual giving.

Order Requests

It's easy! Follow [this link](#) to place an order.

If you have questions regarding the ordering process or the resources, feel free to email communities@sesame.org.

Thank you for your support and all that you do for children and families in your community!



Free Toolkits & Print Resources

Healthy Bodies, Healthy Minds

[Family Forever: A Julia Storybook](#)

[Circle of Friends: A Julia Storybook](#)

[Healthy Teeth, Healthy Me](#)

[Eat Well Anytime, Anywhere](#)

Difficult Times & Tough Talks

[Comfy-Cozy Nest](#)

[Let's Get Ready: Emergency Preparedness](#)

[Here for Each Other: Emergency Response](#)

[Little Children, Big Challenges: Incarceration](#)

[Talk, Listen, Connect: When Families Grieve](#)

[Let's Play/Let's Help](#)

[H is for Helping Hands](#)

[Brave, Strong, Resilient Family Guide](#)

[Homelessness: We Got This! Storybook](#)

[Parental Addiction: Play, Talk, Imagine!](#)

ABC's & 123's

[Talking is Teaching](#)

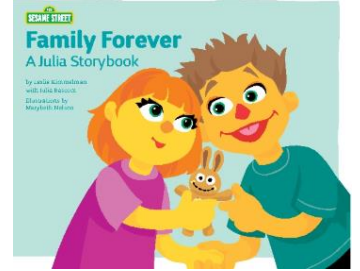


Explore Our Resources

Family Forever: A Julia Storybook

Family Forever is the second storybook featuring our friend Julia! These storybooks are available in quantities of **50**.

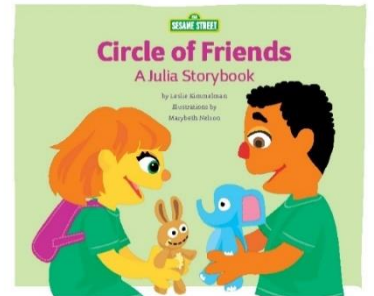
- providers
- parents/caregivers



Circle of Friends: A Julia Storybook

Circle of Friends is the third storybook featuring our friend Julia! These storybooks are available in quantities of **50**.

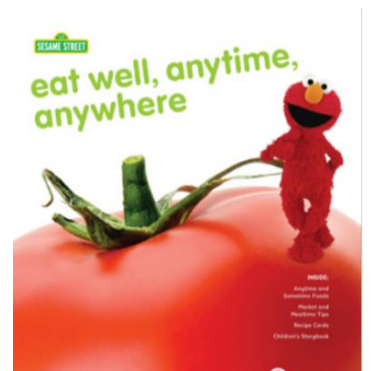
- providers
- parents/caregivers



Eat Well Anytime, Anywhere (Bilingual)

Every family could use a hand getting their kids to eat more vegetables and fruits! This colorful kit includes a bilingual parent guide with tear-out recipe cards and a storybook, featuring friendly Sesame Street Muppets in an enchanted land made of vegetables, and more! Available in quantities of **100**.

- providers
- parents/caregivers



Healthy Teeth, Healthy Me (Bilingual)

Caring for young children's teeth is an important part of keeping their bodies healthy—and it's never too early to get started! Strong first or baby teeth set the stage for strong permanent teeth, and help children play, learn, and grow. These tips and tools were designed to help you and your child care for her teeth together. Available in quantities of **100**.

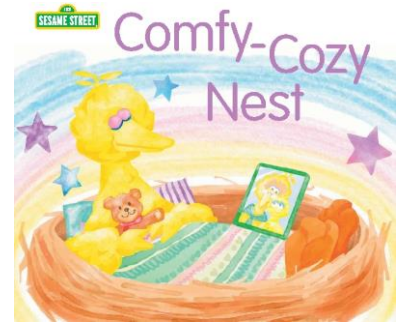
- providers
- parents/caregivers



Comfy-Cozy Nest (Available in English & Spanish)

Traumatic experiences are a big deal... but Big Bird's got a big spirit, a big heart, and big dreams. That's why he's the perfect bird to teach kids (and grown-ups too!) how to imagine the important coping strategy of creating their own safe place inside. Use this storybook to help kids learn the strategy themselves. Available in quantities of **50**.

providers parents/caregivers



Let's Get Ready: Emergency Preparedness (Bilingual)

Let's Get Ready: Planning Together for Emergencies is a bilingual (English/Spanish) multiple media resource designed to help entire families, especially those with young children, to plan and prepare together for emergencies. Available in quantities of **75**.

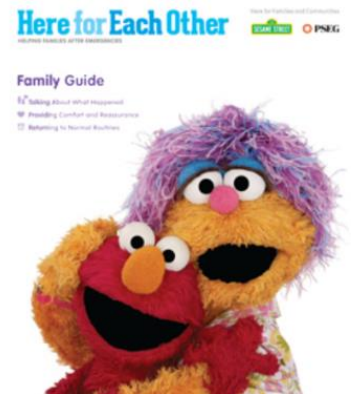
providers parents/caregivers



Here for Each Other: Emergency Response (Bilingual)

Here for Each Other is a bilingual resource (English/Spanish) that provides tips, ideas, and activities to help adults and children cope with disasters. Even in the most difficult of circumstances, families can find strength and resilience within their communities. Available in quantities of **75** or **100**.

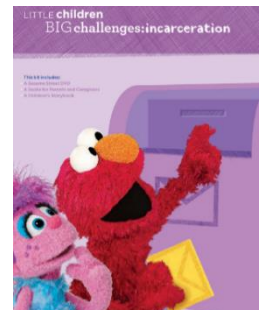
providers parents/caregivers



Little Children, Big Challenges: Incarceration (Bilingual)

A bilingual (English/Spanish) multimedia community engagement initiative to support young children, ages 3 to 8, and their caregivers during the incarceration of a parent. Available in quantities of **50**.

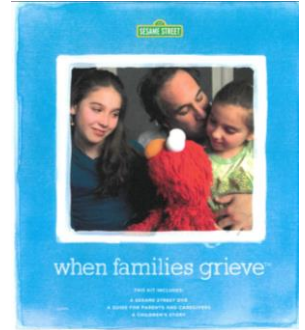
providers parents/caregivers



When Families Grieve (Bilingual)

This initiative provides resources in support of families with young children between the ages of 2 to 8 who are coping with the death of a parent. Available in quantities of **50**.

- providers parents/caregivers



Let's Play/Let's Help

Let's Play/Let's Help was created to assist children experiencing traumatic crises. The Let's Help kit is a Volunteer Guide for grown-ups. The Let's Play kit is a children's activity book.

Let's Play: 25 toolkits

Let's Help: 5 toolkits

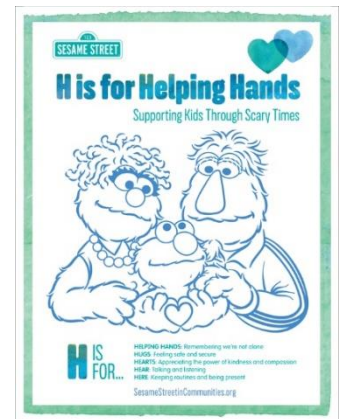
- providers parents/caregivers



H is for Helping Hands

Community violence is violence that happens around you, but not to you. Sadly, our world is full of scary, disturbing news about people harming others, such as school shootings and acts of terrorism. It's hard to know how to explain such events to young children, or how much to share. This toolkit reminds families that they are the "helping hands" who can help children through difficult times. It is available in quantities of **50**.

- providers parents/caregivers



Brave, Strong Resilient Family Guide (Bilingual)

Children face many challenges in life, and learning to cope with these obstacles is part of growing. This guide has been created for adults and kids to use together to develop during challenges in life. You will learn about feelings, build confidence, solve problems, lead with "I can do it," and identify the circle of care. Available in quantities of **25**.

- providers parents/caregivers



Homelessness: We Got This! Storybook

Losing one’s home brings enormous challenges, yet families can be incredibly strong and determined to create a better future. The “We Got This!” storybook provides several strategies that help create a sense of safety and security for children experiencing homelessness. The storybook is available in quantities of **50**.

- providers
- parents/caregivers



Parental Addiction: Play, Talk, Imagine!

When a parent returns from treatment, children face a new set of worries in addition to their ongoing worries—but there are ways to help them work through their fears and anxieties. “Play, Talk, Imagine” is our newest storybook featuring Karli! The storybook is available in quantities of **50**.

- providers
- parents/caregivers



Talking is Teaching (Bilingual)

This bilingual (English/Spanish) program leverages the power of the beloved Sesame Street friends to motivate parents and caregivers to make the most of everyday opportunities to talk, read, and sing with their children ages 0-3, and inspires and empowers parents and caregivers to promote their children’s literacy development while nurturing their overall growth– from day one. Available in quantities of **75**.

- providers
- parents/caregivers

