

Institute Schedule

Thursday - October 13, 2011

9:00 a.m.— 4:00 p.m. Iowa Head Start Association Annual Institute
9:30 a.m.— 4:30 p.m. When Tuition is not Enough—Child Care Cost Analysis
and Fundraising Seminar—Pre-registration required
7:00 p.m.— 8:30 p.m. Early Institute Registration

Friday - October 14, 2011

8:15 a.m.— 4:00 p.m. Exhibits, pages 49-50
8:00 a.m.— 9:00 a.m. Workshops, pages 15-18
9:15 a.m.— 10:30 a.m. Welcome and Announcements
Keynote, Stephanie Fanjul, page 11, 19
10:30 a.m.—11:00 a.m. Break and visit exhibits
11:00 a.m.—12:30 p.m. Workshops, pages 20-24
12:30 p.m.—1:30 p.m. Break for lunch and visit exhibits
12:30 p.m.—1:30 p.m. Lunch Discussions, Director Networking/Round Table Discussion,
Child Care Assistance Reimbursement Rate Focus Group,
T.E.A.C.H. Reception, page 25
1:30 p.m.— 3:00 p.m. Workshops, pages 26-29
3:15 p.m.— 4:45 p.m. Workshops, pages 30-33
5:00 p.m. Door prize drawing—Ballroom Central
5:00 p.m.—7:00 p.m. Hospitality room open for networking, page 33
5:30 p.m.—7:30 p.m. Program open house, page 14

Saturday - October 15, 2011

8:15 a.m.— 3:45 p.m. Exhibits, pages 49-50
8:00 a.m.— 9:30 a.m. Workshops, pages 34-37
9:45 a.m.— 11:15 a.m. Workshops, pages 37-40
11:15 a.m.—12:15 p.m. Break for lunch and visit exhibits
11:15 a.m.—12:15 p.m. T.E.A.C.H. Reception, page 41
12:15 p.m.—1:30 p.m. Recognitions and Announcements
Keynote, Terri Emberling, page 12, 41
1:30 p.m.— 2:00 p.m. Break and visit exhibits
2:00 p.m.— 3:30 p.m. Workshops, pages 42-45
3:45 p.m.— 4:45 p.m. Workshops, pages 46-48
5:00 p.m. Door prize drawing—Ballroom Central



Stephanie Fanjul

Stephanie Fanjul is the President of The North Carolina Partnership for Children, Inc. (NCPC), the organization that leads Smart Start and is the home of the National Technical Assistance Center. In this role, Fanjul is responsible for operations of NCPC and for providing oversight and technical assistance for seventy seven local Smart Start partnerships statewide. Smart Start is North Carolina's nationally recognized and award-winning early childhood initiative designed to ensure that every child in NC will arrive at school healthy and ready to succeed. In 2009, Fanjul was elected President of the Governing Board of the National Association for the Education of Young Children (NAEYC). The NAEYC Governing Board works to raise the quality of early care and education for all young children and ensures that the Association is well managed in pursuit of this mission.

Friday, October 14, 2011

Keynote address 9:15-10:30, Grand Ballroom

Partnering Together as Leaders in Early Childhood Education

As early childhood educators and professionals, we are the leaders who have an important responsibility to the young children of our state and their families. It is up to us to define and promote best practices in early care and education. NAEYC president Stephanie Fanjul will update us on trends and issues for our field, to help us understand at a state and national level what is happening. What needs to happen and what must we do? She will challenge us to be leaders, whether by addressing an issue with a parent, helping a colleague find professional development, making improvements in our programs, advocating for better wages for our field, or serving on a committee or as a trainer.

Breakout Session, 10:45-11:45, Executive

Providing Leadership and Professionalism for Early Childhood

This session, at a special time, will follow Stephanie's keynote and allow Institute participants a chance to interact with our NAEYC national Governing Board President. A member of the Iowa AEYC Governing Board will facilitate a discussion of current issues in our field, trends at the national level, and how we as leaders can ensure that our voices are heard for young children and their families.



Terri Emberling MS, LPC

As an early childhood mental health specialist, Terri brings a unique and particularly appropriate perspective for helping early childhood professionals prevent, reduce and manage challenging behavior. Terri is a Masters-level child and family therapist and Licensed Professional Counselor and has worked in the field of early childhood mental health for over 15 years. She operated an ECE therapeutic preschool program where she developed a “tool box” of powerful, effective and developmentally appropriate approaches and techniques to work with challenging behavior in the classroom

Saturday, October 15, 2011 Keynote address 12:15-1:30, Grand Ballroom I’m Not Bad Just Mad: Working with Angry Children

Teachers are experiencing an explosion in the number of angry, hostile and aggressive children they encounter on a day to day basis. Time out, quiet chairs and reward charts just don’t work. In fact, they seem to make things worse.

There are very real reasons why a child behaves in this way. Anger doesn’t just appear from nowhere, and a behavioral approach to change their aggression will almost never work. This keynote will give you a new and unique understanding about what is causing a child to behave this way. Terri’s breakout session will offer strategies and techniques in working with angry children.

I’m Not Bad Just Mad: Working with Angry Children (follow-up to the keynote) Breakout session, 2:00– 3:30, Ballroom Central

Terri will provide interventions and solutions to help this child become calm, emotionally responsive and self controlled. Based on the latest neuro-scientific findings this workshop will give you fresh insights, ideas and techniques for your classroom.



Sharon Bergen

Sharon is the Executive Director of the MN Association for the Education of Young Children. She has more than 25 years of professional work and a wide experience in early care and education settings. Sharon's work experience includes for profit and not-for-profit settings ranging from teaching in a classroom to managing a large, nationwide training department. Sharon is the author of *Best Practices for Training Early Childhood Professionals*.

Saturday, October 15, 2011
Featured Speaker, 2:00—5:00, Ballroom North
Best Practices for Training Early Childhood Professionals

Are you ready to share your wisdom and experiences with adult learners? Thinking of becoming a trainer? Or, already doing training or teaching of adults and hoping to grow your skills? Join us for an afternoon focused on the specific and unique needs of adult learning within the early care and education community. Through activities, reflection, discussion, and exchange of ideas we will use the lens of developmentally appropriate practices to examine adult learners and the methods we use to meet their learning needs. Our conversation will include adult learning principles, needs assessment, training methods and evaluation of training.

Workshops—Friday, October 14, 8:00—9:00

1. Home Visitor Safety

Room: Ambassador

Content Areas: Planning a Safe, Healthy Learning Environment; Strategies to Establish Productive Relationships with Families; Maintaining a Commitment to Professionalism

Training is Appropriate for: Directors, Child Development Home Providers, Policy Makers, Teachers, and Any Professional Concerned with Self or Others Conducting Home Visits and Institutes

Participant Training Level: Level 1, 2 and 3

C. Richard Stockner, Transportation Coordinator, Mid-Iowa Community Action, Inc., Ph.D. Candidate, Iowa State University

Home visits are potentially unsafe environments that may lead to serious harm to a home visitor and others for a variety of reasons. The impact that the home visiting professional; the home itself; the neighborhood and community environment; the family, parent, or client visited; and other internal and external conditions are reviewed and explained. In addition, the office setting and the home-as-work environment are examined and discussed, including environmental design and other preventive practices.

2. Talking About Early Childhood in Ways that Stick

Room: Ballroom North

NAC approved

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Chris Carman, Program Director, Linn County Child Development Center, Cedar Rapids

People who work in the early childhood field know the incredible importance of the early years of development. But when we try to communicate our message to others, it often gets lost in professional jargon, statistics and buzz words. In short, it doesn't "stick". This workshop will highlight communication principles described in the book "Made to Stick" (by Chip and Dan Heath) and apply them to early childhood issues. Participants will learn "sticky" ways communicate early childhood information to board members, community groups and legislators.

3. Ins and Outs of Successful Literacy Learning

Room: Ballroom Central

Content Areas: Steps to Advance Children's Physical & Intellectual Development; Maintaining a Commitment to Professionalism; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Brian Kingrey, Kindergarten Classroom Teacher, Sigourney Community School District

Attendees will gain an understanding of literacy practices that enhance children's learning. This session will address phonemic awareness, phonics, language acquisition, reading readiness activities, and many other buzzwords in literacy learning.

Workshops—Friday, October 14, 8:00—9:00

4. Let's Sing, Let's Play and Add Music to Your Day!

Room: Ballroom South

Content Area: Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Strategies to Establish Productive Relationships with Families

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Directors, Child Development Home Providers, Consultants, Teachers and Trainers

Participant Training Level: Level 1, 2 and 3

Shelly Peterson, Board Certified Music Therapist, Owner and Music Therapist at Kids in Harmony, LLC

Did you know using music not only gains children's attention, but it also helps them to learn and retain information?! This program will help you add music to your day in a fun and exciting way. Shelly Peterson, a board certified music therapist, will share her perspective and ideas of how adding music to your classroom can be beneficial to you as well as your students. Learn rationale of adding music to your classroom as well as how to add music to transitions, routines, and stories. Learn how to utilize singing, movement and instrument play as well as how to choose good quality instruments and recorded music. Even get ideas of how to make your own instruments!

5. Child and Adult Care Food Program Updates and NEW Nutrition Resources

Room : Boardroom

NAC approved

Content Area: Planning a Safe, Healthy Learning Environment

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Child Development Home Providers, Center Directors, Teachers

Participant Training Level: Level 1 and 2

Carrie Scheidel, MPH, Team Nutrition Project Director, Iowa Department of Education, Bureau of Nutrition, Health and Transportation Services

Robin Holz, MS, RD, Consultant, Iowa Department of Education, Bureau of Nutrition, Health and Transportation Services

We'll share how the new Healthy, Hunger-Free Kids Act, impacts the Child and Adult Care Food Program to promote health and reduce childhood obesity. This session will discuss the newly proposed meal standards to provide children in CACFP with healthier meals, and strengthen healthy child care environments. New nutrition and physical activity resources will be showcased.

6. Enhance Your Resume to Get YOU Noticed!

Room: Executive

Content Area: Maintaining a Commitment to Professionalism

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Dawn Kepley, Recruitment Manager, Bright Horizons Family Solutions

Lindsay Miller, Assistant Director, Bright Horizons Family Solutions

Your Resume is something that will ADVERTISE your skills and experiences. It is your Personal Billboard. A resume is the FIRST impression you make with a potential employer. We will review types of resumes, discuss key "dos and don'ts" of resumes and get you started to create or update your own professional resume.

Workshops—Friday, October 14, 8:00—9:00

7. How Green is your Playground? Naturalizing the Outdoor Learning Environment

Room: Iowa

Content Areas: Planning a Safe, Healthy Learning Environment; Positive Ways to Support Children’s Social and Emotional Development; Steps to Advance Children’s Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Sara Kreiss, Educational Design Consultant, Grounds for Play, Inc.

An unbeatable combination, this workshop addresses how to incorporate “nature-based” learning centers as well as many facets of playground development; such as design, safety, ADA accessibility, age-appropriate equipment for birth-twelve year olds.

8. Crawling Ants and Wiggly Worms

Room: Westview

Content Area: Steps to Advance Children’s Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with preschool and school age children

Training is Appropriate for: Child Development Home Providers, Center Directors, Teachers

Participant Training Level: Level 1, 2 and 3

Kristin Simon, Education Specialist, East Central Iowa Council of Governments

Susan Salterberg, Program Manager, University of Northern Iowa

Great books and lessons—plus an optional trip outside—help to introduce pre-K-2nd graders to the worlds of worms and ants. Join us and learn a lesson plan to teach young children about nature’s recycling, compost and decision making.

9. Tips and Tricks to Surviving Iowa Quality Preschool Program Standards (IQPPS) and State Verification

Room: 292

NAC approved

Content Areas: Strategies to Manage an Effective Operation; Steps to Advance Children’s Physical & Intellectual Development; Strategies to Establish Productive Relationships with Families

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Directors, Preschool Teachers

Participant Training Level: Level 1, 2 and 3

Michelle Vobr, Preschool Teacher, Turkey Valley Community Schools

Concerned about meeting the Iowa Quality Preschool Program Standards (IQPPS)? Are you anxious about preparing your preschool program for state verification? Don’t sweat it. Learn great ways to build positive relationship with your families like home visits. Ideas of using Creative Curriculum Assessment in your classroom to successfully meet the assessment standards will be discussed and shared. The classroom portfolio is a big part of verification. Get tips and tricks on preparing your classroom portfolio.

Workshops—Friday, October 14, 8:00—9:00

10. Planning Your Staff's Professional Development

Room: 298

NAC approved

Content Areas: Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Directors

Participant Training Level: Level 1, 2 and 3

Brian Fett-Jones, T.E.A.C.H. Counseling Specialist, Iowa Association for the Education of Young Children

Pam Mahoney, Director, Stepping Stones Early Learning Center, Knoxville

With limited time and money, how do you choose which staff get which professional development opportunities? We will explore some options and focus on supporting your staff on a T.E.A.C.H. scholarship, what that means, and how to do it successfully.

11. What you need to know about Iowa's Child Care Workforce Compensation

Room: 396

Content Area: Maintaining a Commitment to Professionalism

Training is Appropriate for: Directors, Policy Makers

Participant Training Level: Level 2 and 3

Tammy Bormann, Professional Development Coordinator, Iowa Association for the Education of Young Children

Ashley Otte, T.E.A.C.H. Project Coordinator, Iowa Association for the Education of Young Children

Child care providers represent one of the lowest paid workforces in our state and nation. A well-trained and stable workforce is needed to meet the increasing demand for high quality child care. Come and learn about what initiatives are happening in our state and provide input on Iowa's latest workforce study related to child care.

12. Learning Involvement Skills to Ensure Necessary Sustainability (L.I.S.T.E.N.S.)

Room: 398

Content Areas: Planning a Safe, Healthy Learning Environment; Strategies to Manage an Effective Operation; Strategies to Establish Productive Relationships with Families; Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Directors, Consultants, Policy Makers, Teachers

Participant Training Level: Level 1, 2 and 3

Marie McCohnell, Owner/Consultant/Teacher, FOOD FOR HEARTS, Holistic Health Wellness and Education Consultants;

Des Moines Public Schools and Des Moines Science Center Preschool

Kelly Donnelly, Preschool Director, Grace Preschool, Des Moines

Marlene Doby, Executive Director, Evelyn David Learning Academy, Des Moines

Participants will be introduced to embracing customer focused selling skills as a viable tool for fostering mutually sustainable relationships between your program and community partners. As with any business, an early childhood program must maintain viable on-going resources, both monetary and public, for sustainability and support of its objectives and vision statement. You must therefore, resolve to treat your families, monetary funders and community resource providers as valued customers, worthy of being listened to, treated with respect and greatly appreciated.

**Welcomes, Announcements and Keynote
Friday, October 14, 9:15-10:30, Grand Ballroom**

**Welcome and announcements from:
Susan Gray, President, Iowa AEOC**

**13. Keynote Address Stephanie Fanjul
*Partnering Together as Leaders in Early Childhood Education***

As early childhood educators and professionals, we are the leaders who have an important responsibility to the young children of our state and their families. It is up to us to define and promote best practices in early care and education. NAEYC president Stephanie Fanjul will update us on trends and issues for our field, to help us understand at a state and national level what is happening. What needs to happen and what must we do? She will challenge us to be leaders, whether by addressing an issue with a parent, helping a colleague find professional development, making improvements in our programs, advocating for better wages for our field, or serving on a committee or as a trainer.

Friday, October 14, 10:45-11:45

14. Providing Leadership and Professionalism for Early Childhood

Room: Executive

Stephanie Fanjul, President, NAEYC Governing Board, and Director North Carolina Partnership for Children (Smart Start)

This session, at a special time, will follow Stephanie's keynote and allow Institute participants a chance to interact with our NAEYC national Governing Board President. A member of the Iowa AEOC Governing Board will facilitate a discussion of current issues in our field, trends at the national level, and how we as leaders can ensure that our voices are heard for young children and their families.

Workshops—Friday, October 14, 11:00—12:30

15. Turning TV Time into Learning Opportunities with Iowa Public Television

Room: Ambassador

Content Area: Positive Ways to Support Children’s Social and Emotional Development: Steps to Advance Children’s Physical & Intellectual Development: Strategies to Establish Productive Relationships with Families

Training Applies to: Early Childhood Professionals working with preschool and school aged children

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Trista Peitzman, PK-12 Coordinator, Iowa Public Television

Many people assume that television, computer games, and the Internet have harmful effects on children’s literacy. But when educational media content is combined with sound science and research, as public media does, the opposite is true. In this a session, participants will learn what the research is showing, and about the many free resources available including TV programs, online games, and educational materials for children ages 2-8.

16. I am Moving, I am Learning Introduction

Room: Ballroom North

NAC approved

Content Areas: Steps to Advance Children’s Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, Teachers,

Participant Training Level: Level 1

Dianne Casto, Head Start Program Coordinator, North Iowa Community Action Organization

Brenda Spurgeon, Early Childhood Education Specialist, Iowa Head Start TTA Center, ICF International

I am Moving, I am Learning is a proactive approach for addressing childhood obesity. Through lecture, discussion, and movement, participants will gain an understanding of the importance of movement for learning. They will take home ideas to be used immediately in their own classrooms. Come and join us as we get moving!

17. Celebrating Diversity through Family Engagement

Room: Ballroom Central

Content Area: Positive Ways to Support Children’s Social and Emotional Development; Steps to Advance Children’s Physical & Intellectual Development; Strategies to Establish Productive Relationships with Families; Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with infants thru school age children

Training is Appropriate for: Center Directors, Child Development Home Providers, Policy Makers, Teachers

Participant Training Level: Level 1, 2 and 3

Crystal Abbe, Family Literacy Liaison, Des Moines Public Schools

Kristen Warming, Family Literacy Liaison, Des Moines Public Schools

Diversity in early childhood programs can be achieved easily through natural extensions bringing home into the classroom/ caregiving setting. Rather than traditional send-home activities, activities in this workshop will focus on bringing home and family life of children into the classroom.

Workshops—Friday, October 14, 11:00—12:30

18. Nineteen Teachers and One Student: Peer Mediated Intervention for Social Development in your Preschool Classroom

Room: Ballroom South

Content Area: Principles of child development and learning

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Consultants, Policy Makers, Teachers and Trainers

Participant Training Level: Level 1, 2 and 3

Pam Elwood, Early Childhood Consultant, Green Hills Area Education Agency

Melanie Reese, Early Education Specialist, Grant Wood Area Education Agency

Need an extra hand building social skills in your preschool setting? The 19 teachers to one student ratio can work in all early childhood classrooms including yours! Peer-mediated intervention (PMI) is designed to support the development and learning of all children in inclusive learning environments. PMI creates opportunities for peers who are typically developing or who have a particular set of competencies that another child may be working on to take a peer-to-peer instructional role in promoting learning, particularly in the areas of social and communication development. This training will prepare you for peer-mediated intervention in your preschool classroom. The Stay, Play and Talk strategies focus on three types of peer mediated intervention: Peer proximity, peer prompting and reinforcement, and peer initiation. The teacher's role will be discussed and step-by-step supports including scripts, social stories, toys, and other materials will be demonstrated. Participants will learn how to reinforce and acknowledge positive behaviors in all children. Observation and documentation strategies will be demonstrated to monitor success and identify when a child needs more or different kinds of support.

19. Understanding Shaken Baby Syndrome and The Period of PURPLE Crying

Room: Boardroom

Content Areas: Planning a Safe, Healthy Learning Environment; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants and toddlers

Training is Appropriate for: All Adults

Participant Training Level: Level 1

Marjorie Wonderlich, Early Childhood Educational Consultant, Family Resource Center

Crying! All babies do it. Learn about The Period of PURPLE Crying and how you can help all families and caregivers know a new way to understand their baby's crying.

Exhibits

Exhibit Hours: Friday 8:15—4:00

Saturday 8:15—3:45

Location: Courtyard

Take time to visit the over 30 exhibits during the morning break (10:30—11:00 Friday) and during lunch (12:30-1:30 Friday). As well as throughout the day.

A list of exhibitors can be found on pages 49-50.

Workshops—Friday, October 14, 11:00—12:30

20. Restoring Respectable Classroom Behavior

Room: Iowa

Content Area: Planning a Safe, Healthy Learning Environment; Positive Ways to Support Children’s Social and Emotional Development; Strategies to Manage an Effective Operation; Observing and Recording Children’s Behavior; Strategies to Establish Productive Relationships with Families; Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with preschoolers and school-age children

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Andrea Whitfield, Teacher, Birmingham Board of Education

Meet and learn from teacher/author Andrea Whitfield who has created behavioral modification techniques that are designed to increase control of the classroom, while at the same time, decrease unacceptable behavior. Also learn how to utilize a “behavioral chart”. Character Education traits are also combined with these techniques. After attending this high-powered workshop, teachers will be motivated to do what they do best, TEACH!

21. Leadership for Change

Room: Library

NAC approved

Content Areas: Maintaining a Commitment to Professionalism; Principles of Child Development and Learning Strategies to Manage an Effective Operation; Strategies to Establish Productive Relationships with Families

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Candice York, Early Coordinator UNI Child Development Center, UNI

Participants will be provided with handouts, checklists for staff and center evaluations, and opportunities to work collaboratively with other administrators and leaders in early childhood education. The major focus of this workshop is to assist leaders in understanding their business practices and developing a cooperative learning environment that encourages teamwork and practical optimism in areas of management and leadership.

Workshops—Friday, October 14, 11:00—12:30

22. Powerful Play

Room: Westview

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Strategies to Manage an Effective Operation; Steps to Advance Children's Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Child Development Home Providers, Teachers

Participant Training Level: Level 2 and 3

Jennifer Slipka, Early Reading First Literacy Coach, Des Moines Public Schools

Kristen Allen, Early Reading First Literacy Coach, Des Moines Public Schools

Melissa Sambu, Early Reading First Literacy Coach, Des Moines Public Schools

Jessica Parsons, Early Reading First Literacy Coach, Des Moines Public Schools

As professionals in the Early Childhood field we all believe in the power of play. Come and learn how to create meaningful and engaging play in your classroom. In this session you will learn how to craft playful learning experiences based on children's background knowledge and interests using a variety of strategies.

23. Building a Quality Staff: Your Leading Edge

Room: 292

NAC approved

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism

Training is Appropriate for: Center Directors

Participant Training Level: Level 2 and 3

Tezikiah Gabriel, Minnesota Director, First Children's Finance

Building a quality staff is more than just luck. This session will walk participants through three phases of maintaining quality staff: recruitment, development and retention. Attendees will leave armed with the tools and information they need to attract, build and keep quality staff members.

24. The Working Director

Room: 298

NAC Approved

Content Areas: Planning a Safe, Healthy Learning Environment; Positive Ways to Support Children's Social and Emotional Development; Maintaining a Commitment to Professionalism; Strategies to Manage an Effective Operation

Training Applies to: Directors

Participant Training Level: Level 1 and 2

Jed Hammen, Director, The Children's Place, West Des Moines

Vanessa Sedrel, Assistant Director, The Children's Place, West Des Moines

Every director has a limited amount of time in which to do numerous tasks and develop many relationships. This work can be accomplished most effectively if the director is well organized.

Workshops—Friday, October 14, 11:00—12:30

25. Outdoor Play for Babies and Toddlers

Room: 396

Content Area: Planning a Safe, Healthy Learning Environment, Positive Ways to Support Children’s Social and Emotional Development, Strategies to Manage an Effective Operation, Steps to Advance Children’s Physical & Intellectual Development, Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants and toddlers

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Beth Walling, Senior Training Specialist, EHS/NRC @ Zero To Three, Zero To Three

Early childhood professionals often think of taking children outside when the weather is “right” and to get the wiggles out through physical activities. This session will open up new ideas about the importance of getting babies and toddlers outdoors often, why that is important, and see photos of playspaces taking advantage of nature’s gifts to learning and all areas of development. We’ll share ideas about how easy this can be!

**Thinking of renewing your Iowa AEYC membership or joining
Iowa AEYC as a new member?**



**In addition to the great benefits of membership, if you pay your dues during the
Institute we have some great prizes for you. Visit the registration desk for the details.
Thank you to Constructive Playthings and Lakeshore Learning Materials for donating the prizes.**

**Special events held over the lunch time
Friday, October 14, 12:30—1:30**

26. Director Networking/Round Table Discussion

Room: Ambassador

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism

Training is Appropriate for: Directors

Participant Training Level: Level 2 and 3

Dawn Kepley, Recruitment Manager, Bright Horizons Family Solutions

Susie Billingsley, Recruitment Coordinator, Bright Horizons Family Solutions

Join a panel of early childhood professionals (recruiters, directors, etc) to discuss common challenges in the supervisor/center director/administrator role. Feel free to bring your own discussion topics as well. Participants should come ready to share best practices and perspectives. We are problem solvers! **Go and pick up your lunch, and then come and join in the discussion.**

27. Child Care Assistance Reimbursement Rate Focus Group

Room: Boardroom

Content Areas: Strategies to Maintain an Effective Operation; Maintaining a Commitment to Professionalism

Training is Appropriate for: Child Development Home Providers, Parents and Trainers

Participant Training Level: Level 1, 2 and 3

Sheila Hansen, Policy Director, Child and Family Policy Center/Every Child Counts

Sheila Hansen from Child and Family Policy Center will lead a discussion to gather your thoughts for upcoming advocacy efforts. Everyone who attends will be entered into a drawing for one of two \$35 Target gift cards. Child care provider rates in Iowa are low and, according to the state Child Care Resource and Referral agency, one-quarter of the state's 12,201 child care programs do not accept child-care assistance. Anecdotal evidence from child-care advocates indicates that that number continues to grow as more providers drop from the program because of low reimbursement rates. Please join us in this focus group as we work towards gathering information from stakeholders on the importance of paying our child care programs and providers a "livable wage". We will use the information we gather to put together a legislative agenda to move toward increasing the rates for child care providers and programs who accept state child care assistance. **Go and pick up your lunch, and then come and join in the discussion.**

T.E.A.C.H. Reception

Current T.E.A.C.H. participants and their directors are invited to join us for a reception to connect and network. Go and pick up your lunch, and then come and visit with the Iowa T.E.A.C.H. Counseling Specialists, T.E.A.C.H. Project Coordinator and T.E.A.C.H. Project Manager. The reception will be held in the Executive room.

Workshops—Friday, October 14, 1:30-3:00

28. State Voluntary Preschool Program

Room: Ambassador

Content Area: Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Directors, Teachers

Participant Training Level: Level 1, 2 and 3

Teachers and administrators from several of Iowa's state voluntary preschool programs.

What makes a great preschool? Setting and achieving high standards, having highly qualified and effective teachers, and working collaboratively with families and community partners, among other things. Representatives from some of Iowa's best state-funded, voluntary preschool programs will share their experiences and successes. Come with your questions!

29. Science from Infancy to Preschool

Room: Ballroom North

Content Areas: Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Child Development Home Providers, Teachers

Participant Training Level: Level 1 and 2

Brenda Spurgeon, Early Childhood Education Specialist, Iowa Head Start TTA Center

In this session, participants will examine their own attitudes about science, and explore science processes for infants, toddlers, & preschoolers. And we will discuss the dilemma facing educators, of what science topics are appropriate for the early childhood years.

30. Trauma and Its Impact on Children's Development

Room: Ballroom Central

NAC approved

Content Areas: Planning a Safe, Healthy Learning Environment; Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Directors, Child Development Home Providers, Consultants, Teachers, Trainers, and Policy Makers

Participant Training Level: Level 1, 2 and 3

Gladys Noll Alvarez LISW, Trauma Informed Care Project Coordinator, Orchard Place/Child Guidance Center

Rebecca Sloan LISW, Early Childhood Supervisor/TIC Project Consultant, Orchard Place/Child Guidance Center

Many children and their families have a history of exposure to trauma. This training is intended to help child care staff understand the link between trauma and children's often baffling behavior, feelings, and attitudes. It will provide staff with practical tools to help children have increased success, and to recognize and reduce the impact of the child's traumas on themselves, and to seek useful support from others when necessary.

Workshops—Friday, October 14, 1:30-3:00

31. The Think about Approach: A Materials Workshop

Room: Ballroom South

Content Area: Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with preschoolers and school age children

Training is Appropriate for: Child Development Home Providers, Consultants, Teachers and Trainers

Participant Training Level: Level 1, 2 and 3

Pam Elwood, Early Childhood Consultant, Green Hills Area Education Agency

This workshop offers an introduction to Turtlewings' dreams for a creative future. We will bring some of our mini-material workshops (Think about water, paper, patterns, and light) for you to explore and discuss how materials can be used across curriculum and with a variety of ages to inspire creative thinking in any educational setting. Teachers rarely get the chance to explore the materials they place in front of children. In this short presentation you will have a chance to explore creativity not only for and with children, but within yourself. Come and consider the language of materials and inquiry that engages children and adults alike.

32. An Iowa Model for Blended Practices in Full Inclusion Classrooms

Room: Boardroom

NAC approved

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Strategies to Manage an Effective Operation; Steps to Advance Children's Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Directors, Consultants, Policy Makers and Teachers

Participant Training Level: Level 2 and 3

Tom Rendon, Iowa Head Start State Collaboration Office, Iowa Department of Education

Teachers are being asked to do so many things! Where do you start? Learn about a new model for how to provide differentiated, tiered instruction to support the needs of each and every child in your classroom. This approach creates a framework so you know what to do and you can see how an ounce of planning can turn into a pound of successful outcomes.

33. Supervision, Leadership, or is it *Coaching*? Why Won't They Do What I Want Them to Do?

Room: Executive

NAC approved

Content Areas: Strategies to Manage an Effective Operation

Training is Appropriate for: Center Directors

Participant Training Level: Level 2

Lesia Oesterreich, Extension Early Childhood Specialist, Iowa State University

Leading, supervising and coaching staff can be a real challenge! Join us as we explore helpful strategies for managing staff with varying levels of experience, understanding and motivation. Strengthen your ability as a supervisor or team leader to reflect on what works (*and what doesn't work*) to help staff grow professionally.

Workshops—Friday, October 14, 1:30-3:00

34. Powerful Projects - Supporting and Documenting Inquiry Learning in an Early Childhood Classroom

Room: Iowa

NAC approved

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Strategies to Manage an Effective Operation; Steps to Advance Children's Physical & Intellectual Development; Observing and Recording Children's Behavior; Strategies to Establish Productive Relationships with Families; Maintaining a Commitment to Professionalism; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Directors, Teachers

Participant Training Level: Level 1, 2 and 3

Vickie Parker, Early Childhood Consultant, Great Prairie AEA

Dawn Johnson, Preschool Teacher, Kids World Day Care and Preschool, Centerville

Anne Michel, Early Childhood Consultant, Great Prairie AEA

This workshop will describe what inquiry learning through studies is and will discuss how good project work provides a structure for the classroom that focus teachers on children's learning and moves young children towards meeting standards. Videos and displays will be used to show the 3 steps involved in conducting a study with an emphasis on ways to document children's learning.

35. Ethical Thinking and Practice

Room: Library

NAC approved

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism; Strategies to Establish Productive Relationships with Families

Training is Appropriate for: Center Directors, Child Development Home Providers, Consultants, Teachers

Participant Training Level: Level 1, 2 and 3

Malisa Rader, Family Life Program Specialist, Iowa State University Extension

Early childhood professionals can face difficult ethical issues. Some issues may include observing a parent in child rearing practices that are harmful or relaying information about a family with someone in another agency. This workshop offers a thoughtful and balanced approach to understanding ethical principles and a concrete process for using them to address difficult ethical issues and dilemmas. Participants will practice applying a process to analyze ethical dilemmas. Participants will identify specific ideas for applying this process and framework in their work with families, as well as potential challenges.

36. Zoo Tots Curriculum

Room: Westview

Content Areas: Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Child Development Home Providers, Teachers

Participant Training Level: Level 1, 2 and 3

Audrey Pohlmann, Education Specialist, Early Childhood Programs, Blank Park Zoo

Anne Shimerdla, Director of Operations and Education, Blank Park Zoo

Animals, stories, and crafts, oh my! Participate in a Zoo Tots program that will guide educators through three units that include children's stories, crafts, ideas for dramatic play centers, and hands-on animal encounters. Each unit includes multi-disciplinary activities from math to arts and crafts. Take away lesson plans and resources from this interactive workshop.

Workshops—Friday, October 14, 1:30-3:00

37. Marketing in your Community

Room: 292

NAC approved

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism

Training is Appropriate for: Child Development Home Providers

Participant Training Level: Level 2 and 3

Tezikiah Gabriel, Minnesota Director, First Children's Finance

Is marketing important? Participants will take an in-depth look at building a strategic marketing plan for their child care businesses. Attendees will learn how to make the most of limited time and resources for marketing. The session will also discuss the importance of building strong community relationships and how those relationships can benefit your child care business.

38. Child Care Provider Training on Oral Health

Room: 298

NAC approved

Content Areas: Planning a Safe, Healthy Learning Environment; Strategies to Manage an Effective Operation; Steps to Advance Children's Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with infants/toddlers and preschoolers

Training is Appropriate for: All Adults

Participant Training Level: Level 1 and 2

Eileen Tosh, Oral Health Coordinator, Johnson County Public Health

Through the use of a power point presentation and examples brought in, the presenter will cover the basic information that all child care providers should know and be able to share with parents on how to take care of a child's mouth from infancy through school age. How to select healthy snacks and current caries' preventive strategies will also be covered. The participants will be given a referral source for parents to help them in establishing a dental home for their children in their community.

39. Nurturing Healthy Sexual Development (NHSD)

Room: 396

Content Area: Positive Ways to Support Children's Social and Emotional Development

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Jaye O'Daniel-Briggs, Owner-Provider, Been There Child Care, Underwood

NHSD helps participants better understand the sexual development of children, and how to respond to children's sexual behaviors and questions in ways that promote healthy development. A crucial component of nurturing healthy sexual development is protecting children from sexual abuse. Participants will gain an understanding of the scope of child sexual abuse and the relationship between healthy sexuality and child sexual abuse prevention.

Workshops—Friday, October 14, 3:15– 4:45

40. The Secret to School Readiness: Early Literacy Strategies that Promote School Readiness and Self-Regulation

Room: Ambassador

NAC approved

Content Areas: Positive Ways to Support Children’s Social and Emotional Development; Strategies to Manage an Effective Operation; Steps to Advance Children’s Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Child Development Home Providers, Teachers

Participant Training Level: Level 2 and 3

Jennifer Slipka, Early Reading First Literacy Coach, Des Moines Public Schools
Kristen Allen, Early Reading First Literacy Coach, Des Moines Public Schools
Melissa Sambu, Early Reading First Literacy Coach, Des Moines Public Schools
Jessica Parsons, Early Reading First Literacy Coach, Des Moines Public Schools

Self-regulation enables children to engage in mindful, intentional, and thoughtful behaviors. Research by Dr. Elena Bodrova indicates that many children start school not ready to learn, not because they do not know their letters or numbers, but because they lack the ability to regulate their social, emotional, and cognitive behaviors. In this session you will leave with several developmentally appropriate strategies to help build self-regulation through literacy rich activities.

41. Preschool Math is Fun!

Room: Ballroom North

Content Areas: Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Child Development Home Providers, Teachers

Participant Training Level: Level 1 and 2

Brenda Spurgeon, Early Childhood Education Specialist, Iowa Head Start TTA Center

In this session, participants will examine their own attitudes about mathematics, learn content appropriate for preschool classrooms, and discuss strategies for effectively teaching mathematics to preschool children. We will play with math materials, and learn how to make math fun and meaningful to children.

42. Employee Performance Problems? Look in the Mirror for Answers

Room: Ballroom Central

Submitted for NAC approval

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism

Training is Appropriate for: Center Directors, Administrators, Supervisors, Policy Makers

Participant Training Level: Level 1, 2 and 3

Kevin J. Pokorny, Owner and Consultant, Pokorny Consulting, Des Moines

As a supervisor, it’s a natural habit to blame a direct report when he or she is not performing to your standards. Before you do the “blame” game, look into a mirror. Whose face do you see? Guess where the starting point is to turn this employee around? YOU! Welcome to being a coach. This seminar presents one of the most practical approaches to effective coaching you will find. It is based on a coaching program called *The Practical Coach*, which illustrates the coaching techniques in simple and practical ways.

Workshops—Friday, October 14, 3:15– 4:45

43. Guidance and Discipline - Using Temperament Insight to Create Positive Approach Guidance Techniques

Room: Ballroom South

NAC approved

Content Areas: Positive Ways to Support Children’s Social and Emotional Development; Strategies to Establish Productive Relationships with Families

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Center Directors, Child Development Home Providers, Teachers

Participant Training Level: Level 1

Lori L. Hayungs, Family Life Specialist, MS, Certified Family Life Educator, Iowa State Extension Families

Children come in all shapes and sizes - and so does their temperament. Understanding children's social and emotional development through the concept of individual temperament can help us not only learn to appreciate those all those differences but can also help us create appropriate positive guidance opportunities.

44. KinderNature: A Resource for Early Childhood Educators and Environmental Education

Room: Board Room

Content Areas: Planning a Safe, Healthy Learning Environment; Steps to Advance Children’s Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, Teachers

Participant Training Level: Level 1 and 2

Linda R.F. Zaletel, Naturalist, Story County Conservation

KinderNature is a website for early childhood educators and environmental education (EE). The website offers EE activities for child care providers, preschool educators, day camps, parent/child programs, and early childhood education groups.

KinderNature offers early childhood educators a way to integrate environmental education into early childhood education via the Internet. This presentation will offer many hands-on projects to take home, discussion on Multiple-Intelligences, state standards, age appropriateness, ages and stages, learning styles, and new resources.

45. Iowa AEYC Membership Meeting

Room: Executive

Content Areas: Maintaining a Commitment to Professionalism

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Iowa AEYC Governing Board

Join the Iowa AEYC Governing Board as they hold the annual Membership Meeting. Committee reports and announcements will be given. Celebrate with the Iowa AEYC Play Coaches as they receive their Level One Certification. Come and learn what “your” Board is doing, and recognize the efforts made by these volunteers. If you are an Iowa AEYC member or are interested learning more about Iowa AEYC you won’t want to miss this meeting.

Workshops—Friday, October 14, 3:15– 4:45

46. Help! How do I support Second Language Learners in my classroom? Best Practices for Second Language Learners at the Early Childhood Level

Room: Iowa

NAC Approved

Content Areas: Positive Ways to Support Children’s Social and Emotional Development; Steps to advance Children’s Physical & Intellectual Development; Strategies to Establish Productive Relationships with Families

Training Applies to: Early Childhood Professionals working with preschoolers and school-age children

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Rebecca A. Wilson, Educational Consultant, Des Moines

This session will focus on how to support second language learners at the early childhood level. This session will briefly describe different program models, stages of second language learning, and the research supporting native language use. Practical strategies from an experienced bilingual teacher will be shared for how to create classroom environments in which second language learners can be supported, even if the teacher may not speak the child’s language. Examples from various learning centers and photos will be shared. The session will also cover the NAEYC position statement on working with young second language learners.

47. Looking at Quality from a Program Administration Perspective

Room: Library

NAC approved

Content Area: Strategies to Manage an Effective Operation

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Center Directors, Consultants

Participant Training Level: Level 2

Stacey Walter, Early Childhood Quality Assurance Coordinator, United Way of Central Iowa, Polk County Early Childhood Iowa

This session provides a rationale for viewing quality from a broader perspective than classroom teaching practices. Learn about the *Program Administration Scale*, a reliable assessment tool that focuses on early childhood administrative practices. Discover how this tool can be used to enhance program effectiveness.

48. Go Green by Reclaiming Your Holiday

Room: Westview

Content Areas: Positive Ways to Support Children’s Social and Emotional Development; Steps to Advance Children’s Physical & Intellectual Development; Strategies to Establish Productive Relationships with Families; Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Child Development Home Providers, Directors, Teachers

Participant Training Level: Level 1, 2 and 3

*Susan Salterberg, Program Manager, University of Northern Iowa
Kristin Simon, Education Specialist, East Central Iowa Council of Governments*

You’ll explore your favorite parts of holidays, as well as what depletes you. You’ll learn facts about happiness and consumption, and you’ll learn ways to help you and your clients have greener and more meaningful holidays. Take-homes include website links to handouts you can share with parents, and posters you can print and display. Plus, you’ll receive information about how to host a Green Holiday party.

Workshops—Friday, October 14, 3:15– 4:45

49. Routines - It's not Just Routine

Room: 292

Content Area: Positive Ways to Support Children's Social and Emotional Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants and toddlers

Training is Appropriate for: Child Development Home Providers and Teachers

Participant Training Level: Level 1 and 2

Vickie Burns, Head Start Trainer/Support Services Coordinator, New Opportunities, Inc.

Learn how to build positive and rewarding relationships within the routines of feeding, sleeping, and diapering. Use routines as part of your curriculum as you support cultural differences, and make routines enjoyable for you and the children in your care.

Reception

5:00—7:00, Friday, October 14

**Please join us in room 158/160 for refreshments and networking
Sponsored by Iowa Family Child Care Association and
Iowa Voices for Quality Child Care**

Program Open House,

October 14, 5:30 to 7:30 pm

Take advantage of the opportunity to visit and experience some of the early childhood programs in the Des Moines area. No transportation will be provided, stop by the Institute registration desk and pick up a map with directions.

See page 14.

Workshops—Saturday, October 15, 8:00-9:30

50. Using Sticky Note Telling to Become a Reflective Leader Who Can Connect, Inspire and Empower

Room: Ambassador

NAC approved

Content Area: Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 3

Joyce Mahl, Infant-Toddler Specialist, West Central Community Action/Child Care Resource and Referral Region 3

A session for Directors and other leaders who want to connect, inspire, and empower others. Learn a powerful technique for leading other to reflect on their past experience to learn how it informs their personal and professional values; impacts their daily interactions; and how self knowledge can be used to make positive change happen.

51. Language and Learning through Play

Room: Ballroom North

NAC approved

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, Consultants, Teachers, Trainers

Participant Training Level: Level 1 and 2

Kay Schieffer, Early Childhood Behavior Specialist, Grant Wood AEA

Mary Lukas, Early Childhood Speech/Language Pathologist, Grant Wood AEA

This presentation will address how the brain develops through play in the two basic areas: communication and behavior. Participants will acquire strategies that optimize the development of language and pro-social behavior to ensure that their young children arrive at kindergarten as master learners.

52. Natural Play Environments Made Easy: Simple and Cost-Effective Ways to Connect Children to Nature through Play

Room: Ballroom Central

Content Areas: Planning a Safe, Healthy Learning Environment; Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Antonio (Tony) Malkusak, Master Designer & Director of Technical Services, Boundless Playgrounds

This presentation will show participants key elements of natural play environments and offer several hands-on methods to engage children in meaningful play. Participants will also learn many cost-effective approaches to encourage a child's creativity and sense of wonder. Case studies and tools will be shared to inspire child care providers take action to infuse nature into a child's play environment.

Workshops—Saturday, October 15, 8:00-9:30

53. On Line Learning - Is it for me?

Room: Ballroom South

NAC approved

Content Area: Maintaining a Commitment to Professionalism

Training is Appropriate for: Center Directors, Consultants, Child Development Home Providers, Teachers and Trainers

Participant Training Level: Level 1 Progressing Professional, Level 2 Skilled Professional

Terry Wangberg, Director TriUMPH ECE/PAT, Southwestern Community College

Have you considered taking an online course but just not sure it is right for you? Explore some online classes and take a learning self-assessment to see if you are ready to get going!

54. Working with Culturally and Linguistically Diverse Students and their Families

Room: Boardroom

NAC approved

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Strategies to Establish Productive Relationships with Families

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, Consultants, Teachers, Trainers

Participant Training Level: Level 1, 2 and 3

Lynn Tiemann, SLP/ELL Consultant, Grant Wood AEA

There has been a significant increase in English Language Learners in early childhood settings in Iowa. Young English language learners (3 to 7) need cultural and linguistic support to maximize growth in English development and academics. This presentation shares effective practices for supporting students and their families. Participants gain practical ideas and resources for working with students and their families to promote an inclusive, welcoming learning environment.

55. Socialization and Guidance: Caregiver Practices (the time for this session is 8:15-11:15)

Room: Executive

Content Areas: Positive Ways to Support Children's Social and Emotional Development

Training Applies to: Early Childhood Professionals working with infants and toddlers

Training is Appropriate for: Child Development Home Providers, Consultants, Directors, Teachers, Trainers

Participant Training Level: Level 2

Nancy Taylor, Child Care Consultant, Child Care Resource and Referral of Central Iowa

What type of guidance and discipline techniques do you use? Are you intentional in socializing the infants and toddlers in your care or does it "just happen"? Join us in becoming more aware of the socialization and guidance techniques you use, what's behind them and how to "fine tune" your skills. We will discuss the importance of sensitive communication with families and how to look at a child's development in context with their social skills. We'll have time to network with other providers in searching for strategies to assist with difficult or unique guidance challenges in your program. **This session is ONLY for participants who have completed the Program for Infant Toddler Care.**

Workshops—Saturday, October 15, 8:00-9:30

56. Make N Take Transitions

Room: Iowa

Content Areas: Principles of Child Development and Learning; Strategies to Manage an Effective Operation

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Child Development Home Providers

Participant Training Level: Level 1 and 2

Karen Narlow, Child Care Coordinator, Waukesha County Health and Human Services Department Shared Services Unit

How often and how do you move children during the day? We will talk about transitions and setting up for smooth transitions during the day. We will do a small make and take of items you can use during transitions in your child care program.

57. An Overview of Project Approach with Toddlers & Preschool

Room: Westview

NAC approved

Content Area: Steps to Advance Children's Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with infants thru preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, and Teachers

Participant Training Level: Level 1 and 2

Heather Bruno, Head Teacher, Iowa State University

Robyn Nitchals-Reierson, Head Teacher, Iowa State University

Come and learn the benefits of projects in the early years. We will discuss the phases of project approach and discuss ways to document learning. We will share examples of completed projects.

58. Going from Point A to Point B and Loving it!

Room: 292

Content Area: Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, and Teachers

Participant Training Level: Level 1, 2 and 3

Pam Ellis, Degree Coordinator/T.E.A.C.H. Counseling Specialist, Iowa AEYC

Kim Richman, Child Development Home Provider

Come hear what you can do to be more professional in the Early Childhood field. T.E.A.C.H. can help those wanting a CDA, pursuing a bachelor's degree, an Early Childhood endorsement, and anything in between.

Exhibits

Exhibit Hours: Saturday 8:15—3:45

Location: Courtyard

Take time to visit the over 30 exhibits during lunch (11:15-12:15 Saturday) and during the afternoon break (1:30-2:00). As well as throughout the day.

A list of exhibitors can be found on pages 49-50.

Workshops—Saturday, October 15, 8:00-9:30

59. The Same and Different: Journeys towards Comprehensive Anti-Bias Education - Part 1

Room: 298

NAC approved

Content Area: Positive Ways to Support Children's Social and Emotional Development

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 1 and 2

Emily Plank, Early Childhood Educator and Child Development Home Provider, Abundant Life Child Development Home

To say we live in a diverse world is an understatement! How can *children* experience complexities such as injustice, racism, and inequity? This class will offer early childhood professionals a glimpse into the process by which children develop a sense of personal and social identity. A look at familiar and beloved images (movies, books, music) that children are often exposed to will challenge participants to become critical consumers of media with an eye for the ways in which bias is perpetuated.

60. Annual Budget and Monthly Cash Flow Projections

Room: 396

NAC approved

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism

Training is Appropriate for: Center Directors

Participant Training Level: Level 2 and 3

Heidi Schlueter, Iowa Director, First Children's Finance

Participants will learn about the types of budgets and the steps integral to the budgeting process. They will work together to create sample income and expense budgets. Attendees will also learn how to use a spreadsheet tool to plan and monitor their business cash flow. Tips to avoid negative cash flow will be identified through a sample case study.

Workshops—Saturday, October 15, 9:45-11:15

61. Fun with Literacy: Birth to Five

Room: Ambassador

Content Area: Planning a Safe, Healthy Learning Environment; Positive Ways to Support Children's Social and Emotional Development; Observing and Recording Children's Behavior; Steps to Advance Children's Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants through 5 year olds

Training is Appropriate for: Child Development Home Providers, Teachers

Participant Training Level: Level 1 and 2

Donna Kennebeck, Lead Teacher (Infant Team), Iowa Health Des Moines Child Development Center

Natalie Bellis, Preschool Teacher, Iowa Health Des Moines Child Development Center

This is a workshop presented by an infant/toddler teacher and a preschool teacher. Their combined perspectives will provide interesting ideas and activities that will meet the requirements of Head Start Performance Standards and NAEYC Accreditation. They will build skills to meet the benchmarks of the Iowa Learning Standards.

Workshops—Saturday, October 15, 9:45-11:15

62. Everything you need to know about Early Childhood Professional Development in Iowa

Room: Ballroom North

Content Areas: Maintaining a Commitment to Professionalism

Training is Appropriate for: All Adults

Participant Training Level: Level 2 and 3

Barb Merrill, Executive Director, Iowa Association for the Education of Young Children

Iowa's early childhood workforce has many choices to make in selecting training and educational options. Do you know what is required? Do you know what choices you have? We'll talk about all the opportunities and overlaps, so you can make decisions for yourself or someone else in our field who you supervise or support.

Early Childhood Iowa is working to create a system to support professional development for those who work in roles in early learning and child care, special needs and early intervention, family support, and health, mental health and nutrition, with children ages birth to five and their families. Come and learn how you fit in and if you should be involved!

This workshop, taken together with Sharon Bergen's afternoon workshop, is designed to provide trainers and adult educators with 4 hours of annual training as required by Iowa's Child Care Resource and Referral System for approved adult educators. You must attend both and sign in during the workshops to earn this credit.

63. Developing Children's Minds: An Exploration of *Mind in the Making: Exploring the Seven Essential Life Skills That Every Child Needs*

Room: Westview

NAC approved

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 2 and 3

Dr. Melanie Felton, Associate Professor, Early Childhood Education, Teacher Education, College of Saint Mary

This workshop is based upon the skills outlined in Ellen Galinsky's book, *Mind in the Making: Exploring the Seven Essential Life Skills That Every Child Needs* (2010), Activities will include discussion and examples of the seven essential life skills, exploration of activities and strategies that support children's skill development and a description of the steps needed to form book clubs and groups for further study of the materials.

64. Sticks, Stones, Mud & Pinecones: How to Teach Young Children through Nature

Room: Ballroom South

Content Area: Planning a Safe, Healthy, Learning Environment; Positive Ways to support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Observing and Recording Children's Behavior; Principles of Child Development and Learning

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Laura Bordow, Lower School Director, Maharishi School

Why is getting "messy" an important learning process for children as they play with sand, water, and mud? What skills are developed through feeling, touching, and building with natural materials like tree cookies, pinecones and sticks? What effect does connecting with nature have on the overall development of the young child? In this presentation you will learn about the importance of outdoor play. Take home new ideas to incorporate into your already existing play space, or find out how to create an Arbor Day certified Nature Explore Classroom, a dynamic, nature-based play and learning space.

Workshops—Saturday, October 15, 9:45-11:15

65. Outdoor Playspaces: Experiences in Nature

Room: Boardroom

Content Areas: Planning a Safe, Healthy Learning Environment

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Center Directors, Child Development Home Providers, Consultants, Teachers

Participant Training Level: Level 2

Brenda O'Halloran, Provider/Educator/EC Consultant, Teachable Moments Child Care

Louise Rhode, Provider/Educator, Puzzle Box Child Care

Participants will explore the benefits, challenges, and necessity of providing a variety of outdoor learning experiences. Using natural elements in the outdoor environment are explored; it doesn't have to cost a lot, it's how you use it that matters. Pictures from a variety of programs will be evaluated for outdoor components and provide some new ideas for participants. Through small group discussions and self reflection activities participants will develop an action plan for bringing new outdoor experiences to their programs.

Socialization and Guidance: Caregiver Practices (continuation see session 55 on page 35)

66. Ongoing Assessment and Individualization

Room: Iowa

Content Areas: Observing and Recording Children's Behavior

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Child Development Home Providers, Teachers

Participant Training Level: Level 1

Catherine Swackhamer, Ph.D., Iowa Head Start TTA Center Manager/Early Childhood Education Specialist, ICF International

In the busy world of early childhood education implementing curriculum, conducting ongoing assessments and individualizing instruction to meet individual and group needs can be overwhelming. This workshop discusses the issues new teaching staff often faces implementing this system effectively. Participants will discuss challenges and develop strategies that will help them improve their practices.

67. Don't watch it, do it: Reducing Screen Time and Increasing Physical Activity

Room: Ballroom Central

NAC Approved

Content Areas: Planning a Safe, Healthy Learning Environment

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, Teachers

Participant Training Level: Level 1 Progressing Professional

Jean Randolph, RN BSN, Hawkeye Area Community Action Program

In the past 30 years, childhood obesity has become an epidemic in the United States. In a recent study by the Iowa Department of Public Health, 30% of Iowa's 3rd graders were found to be overweight or obese. Obesity has been linked to many health problems including high blood pressure, high cholesterol, and Type 2 diabetes. Providers will learn about the links between physical activity, childhood obesity and chronic illness; ways to decrease "screen time" and incorporate physical activity into their curriculum and throughout the day. Also providers will learn to develop strategies to partner with parents for increasing physical activity for their child. Come to discover activities to do when you turn off the TV and computer. Expect fun with music and movement.

Workshops—Saturday, October 15, 9:45-11:15

68. CDA... Is this credential right for you?

Room: 292

Content Areas: Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, Teachers

Participant Training Level: Level 1, 2 and 3

Sarah Smith, Regional Training Coordinator, Child Care Resource and Referral of NW Iowa

Linda Daggett, Child Care Consultant, Child Care Resource and Referral of NW Iowa

The Child Development Associate (CDA) credential is a nationally recognized standard to help prepare professionals in early care and education. We will discuss the process of acquiring this credential as it pertains to the training and other components. We will hear from individuals who have been through the process. In addition, we will discuss the different programs and colleges from where you can obtain the training hours. Lastly, we will discuss how T.E.A.C.H. can assist you in obtaining this credential!

69. The Same and Different: Journeys towards Comprehensive Anti-Bias Education - Part 2

Room: 298

NAC approved

Content Area: Positive Ways to Support Children's Social and Emotional Development

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 1 and 2

Emily Plank, Early Childhood Educator and Child Development Home Provider, Abundant Life Child Development Home

Following our look at the theoretical notions of how children develop an understanding of self, we dive into the practical! Join us for an in depth discussion of Anti-Bias Education, coupled with a look at one early childhood educator's personal journey of bringing anti-bias education into her work with young children. This practical follow up to part one offers concrete ways to interrupt bias and embolden this young generation as voices for justice as they grow.

70. Respectfully Yours: This is not the closing but the beginning of Infant/Toddler Care!

Magda Gerber style

Room: 396

Content Areas: Planning a Safe, Healthy Learning Environment; Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants and toddlers

Training is Appropriate for: Center Directors, Child Development Home Providers, and Teachers

Participant Training Level: Level 1 and 2

Laurie Jeffries, Head Teacher Infants, Toddlers and Two's, Iowa State University

Magda Gerber directed The Resource for Infant Educators (RIE). Magda was a nationally recognized leader in infant care. This workshop will provide participants with ways of taking care of infants and toddlers that may be different than what you do or have seen done. R E S P E C T and that's not coming from Aretha!

**Special event held over the lunch time
Saturday, October 15, 11:15—12:15**

T.E.A.C.H. Reception

Current T.E.A.C.H. participants and their directors are invited to join us for a reception to connect and network. Go and pick up your lunch, and then come and visit with the Iowa T.E.A.C.H. Counseling Specialists, T.E.A.C.H. Project Coordinator and T.E.A.C.H. Project Manager. The reception will be held in the Executive room.

**Special Recognition and Keynote
Saturday, October 15, 12:15-1:30, Grand Ballroom**

**2011 Friend of Young Children Award Winner
Dr. Melanie Felton
See page 51**

**71. Keynote Address Terri Emberling
I'm not bad just mad: Working with Angry Children
NAC approved**

Teachers are experiencing an explosion in the number of angry, hostile and aggressive children they encounter on a day to day basis. Time out, quiet chairs and reward charts just don't work. In fact, they seem to make things worse.

There are very real reasons why a child behaves in this way. Anger doesn't just appear from nowhere, and a behavioral approach to change their aggression will almost never work. This keynote will give you a new and unique understanding about what is causing a child to behave this way. Terri's breakout session will offer strategies and techniques in working with angry children.

Workshops—Saturday, October 15, 2:00—3:30

72. Iowa Play Experience (the time for this session is 2:00—5:00)

Room: Ambassador

NAC approved

Content Area: Maintaining a Commitment to Professionalism

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

*Leann Andre, Preschool Curriculum Specialist, Child Care Resource and Referral of Central Iowa
Donna Kennebeck, Lead Teacher Infants, Iowa Health Des Moines Child Development Center*

Experience the benefits of play, make connections to constructive play, experience open ended materials, learn about the conversational ethics with play, understand and explore ideas about play. The training will promote and strengthen best practices of Play-Based Learning as a way to refine and encourage Developmentally Appropriate Practices for young children.

73. Best Practices for Training Early Childhood Professionals (the time for this session is 2:00 –4:45)

Room: Ballroom North

NAC approved

Content Area: Professional Development, Maintaining a Commitment to Professionalism

Training is Appropriate for: Center Directors, Coaches, Consultants, Instructors, Supervisors and Trainers

Participant Training Level: Level 2 Skilled Professional, Level 3 Mastery Professional

Sharon Bergen, Executive Director, MN Association for the Education of Young Children

Are you ready to share your wisdom and experiences with adult learners? Thinking of becoming a trainer? Or, already doing training or teaching of adults and hoping to grow your skills? Join us for an afternoon focused on the specific and unique needs of adult learning within the early care and education community. Through activities, reflection, discussion, and exchange of ideas we will use the lens of developmentally appropriate practices to examine adult learners and the methods we use to meet their learning needs. Our conversation will include adult learning principles, needs assessment, training methods and evaluation of training. This session combined with session 62 will provide 4 hours' of adult learning methods.

74. I'm not bad just mad: Working with Angry Children

A follow up to the Saturday keynote address

Room: Ballroom Central

NAC approved

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Planning a Safe, Healthy Learning Environment; Observing and Recording Children's Behavior; Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: All Adults

Participant Training Level: Level 1 Progressing Professional, Level 2 Skilled Professional, Level 3 Mastery Professional

Terri Emberling, Trainer, Mental Health Consultant, ECE Development Solutions

Terri will provide interventions and solutions to help this child become calm, emotionally responsive and self controlled. Based on the latest neuro-scientific findings this workshop will give you fresh insights, ideas and techniques for your classroom.

Workshops—Saturday, October 15, 2:00—3:30

75. Creating Engaging Learning Environments: Hands on Circle Time

Room: Ballroom South

Content Area: Positive Ways to Support Children’s Social and Emotional Development

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Center Directors, Child Development Home Providers, Consultants, Teachers, Trainers

Participant Training Level: Level 1, 2 and 3

Kristie Vasey, Child Care Center Consultant, CCR&R of Central Iowa

Do you find yourself doing more crowd control than teaching during circle time? This session will help teachers create a successful learning environment and teaching opportunity during this part of the schedule. We will learn quick and simple ways to structure circle time to keep children’s attention and help you move on with your day in a more positive manner.

76. Meth: Its Effects on Children & Families

Room: Boardroom

NAC approved

Content Area: Positive Ways to Support Children’s Social and Emotional Development

Training Applies to: Early Childhood Professionals working with infants thru school age children

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Jodi Angus, Mental Health and Disabilities Coordinator, MATURA Head Start

This presentation will provide an overview of meth, the warning signs of use, warning signs of meth labs / manufacturing, and precautions you need to take if you must enter the home. It will also describe in detail how it may present in the children you work with, and ways to help them be successful in your classroom.

77. Partnership Building: Set Yourself up for Success

Room: Executive

NAC approved

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism

Training is Appropriate for: Center Directors, Child Development Home Providers

Participant Training Level: Level 2 and 3

Heidi Schlueter, Iowa Director, First Children’s Finance

Linda Jacoby, Director, Cedar Valley Preschool & Child Care Center

Child care center director’s managers and family child care business owners hear more often than ever that we must work in partnerships in our community. This can be both extremely rewarding while at the same time exceptionally challenging. Discuss your experiences with others, learn about successful partnership-building practices and move forward with a new outlook on the power of partnering in your community.

Workshops—Saturday, October 15, 2:00—3:30

78. Creepy Crawlers and Other Fun Insects

Room: Iowa

Content Area: Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with preschool through school age children

Training is Appropriate for: Child Development Home Providers and Teachers

Participant Training Level: Level 1 and 2

Jackie Kush, Curriculum Director, The Children's Place

Laura Winkleman, Administrative Assistant, The Children's Place

Join us as we talk about good classroom pets. Examples will be given of easy insects to raise, find, and care for. These pets are child-friendly and are good science projects to allow children how to learn and explore. We will also share websites that give teacher discounts.

79. Food Safety Education for Daycare Providers

Room: Library

NAC approved

Content Area: Planning a Safe, Healthy Learning Environment

Training Applies to: Early Childhood Professionals working with all children

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Jennine Wolf, Public Health Inspector, Washington County Environment Department

During this workshop providers will receive information they need to help them prepare, handle and store foods safely in their facilities.

80. Building Self-Esteem in Children

Room: Westview

NAC approved

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Observing and Recording Children's Behavior

Training Applies to: Early Childhood Professionals working with preschoolers and school-aged children

Training is Appropriate for: Center Directors, Child Development Home Providers, Teachers, Trainers

Participant Training Level: Level 1

Elizabeth Tobak, Program Coordinator, I Care About Kids

In this workshop, participants will have "hands on" ideas on ways to enhance the self-esteem in children they care for. Time will be spent on the importance of taking time to care for themselves as caregivers.

Workshops—Saturday, October 15, 2:00-3:30

81. Color Me Healthy & Physically Active

Room: 292

Content Area: Planning a Safe, Healthy Learning Environment; Steps to Advance Children's Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with preschool children

Training is Appropriate for: Center Directors, Child Development Home Providers, and Teachers

Participant Training Level: Level 1

Candace Chihak RN, BSN, Hawkeye Area Community Action Agency

Amanda Pieper, Outreach Coordinator, Linn County Public Health

This training starts to address the epidemic of childhood obesity through a look at increasing physical activity and nutrition education across the curriculum in the early childhood care setting. An overview of the University of North Carolina's *Color Me Healthy* curriculum will be included, along with identification of other resources to utilize in the preschool age classroom.

82. National Accreditation in Family Child Care: The Process and the rewards... is it worth it?

Room: 298

Content Areas: Maintaining a Commitment to Professionalism

Training is Appropriate for: Child Development Home Providers, Consultants

Participant Training Level: Level 2 Skilled Professional

Brenda O'Halloran, Provider/Educator/EC Consultant, Teachable Moments Child Care

Louise Rhode, Provider/Educator, Puzzle Box Child Care

This workshop will step participants through the entire NAFCC Accreditation process; provide tips and tricks from two NAFCC Accredited providers/NAFCC Observers; and answer provider concerns regarding the process. We will also look at how becoming a NAFCC Accredited program can benefit providers as well as some ways to raise the funds necessary to become NAFCC Accredited.

83. Signing with Babies

Room: 396

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Principles of Child Development and Learning

Training Applies to: Early Childhood Professionals working with infants and toddlers

Training is Appropriate for: Child Development Home Providers, and Teachers

Participant Training Level: Level 1

Laurie Jeffries, Head Teacher Infants, Toddlers and Two's, Iowa State University

This will be an interactive session introducing how to sign with infants, toddlers and twos. Participants will learn and practice signing some simple signs. Video clips will be shown so participants can see actual children using sign. The Sign 2 Me program *Baby program* will provide some of the background information.

Workshops—Saturday, October 15, 3:45-4:45

Iowa Play Experience (continuation see workshop number 72, page 42)

Best Practices for Training Early Childhood Professionals (continuation see workshop number 73, page 42)

84. Play Facilitation: Increasing the Quality of a Child's Outdoor Play Experience

Room: Ballroom Central

Content Areas: Planning a Safe, Healthy Learning Environment; Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Principles of Child Development and Learning; Observing and Recording Children's Behavior

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

Antonio (Tony) Malkusak, Master Designer & Director of Technical Services, Boundless Playgrounds

This workshop presentation will show participants key concepts to facilitate getting children to moments of pure play. Participants will learn why it is important for children to develop their life skills through play. Case studies and techniques will be shared to inspire participants to take action to increase the quality of children's play environments providing child care providers with an additional value-added element to their facilities.

85. Let's Play! Easy to Use Active Games for Preschool Classrooms (both indoor and outdoor games)

Room: Ballroom South

Content Area: Steps to Advance Children's Physical & Intellectual Development

Training Applies to: Early Childhood Professionals working with preschoolers

Training is Appropriate for: Child Development Home Providers and Teachers

Participant Training Level: Level 1, 2 and 3

Jackie Krogh, Senior Lecturer, Iowa State University

Let's Play! Come join us and learn why active games (gross motor development) are so important for use with young children. You will find out more not only about why gross motor development is so important, but also learn a variety of active games that can be played indoors, in the gym or outdoors. You will go home with a handout full of activities and resources you can use daily to help children improve gross motor skills and to help them be more active throughout the day!

86. Connecting w/ Parents via Social Media & the Internet

Room: Boardroom

Content Area: Strategies to establish productive relationships with families

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Child Development Home Providers and Teachers

Participant Training Level: Level 1, 2 and 3

Alyssa Calhoun, Media Specialist, Central City Schools

Discussion on how social media (Twitter, Facebook) and websites/blogs can be used to reach parents, the community and the world.

Workshops—Saturday, October 15, 3:45-4:45

87. I Forgot the Diapers Again! - Effective Parent Communication

Room: Iowa

Content Areas: Strategies to Establish Productive Relationships with Families

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Child Development Home Providers

Participant Training Level: Level 1 and 2

Karen Narlow, Child Care Coordinator, Waukesha County Health and Human Services Department Shared Services Unit

Does this happen to you? A parent forgets items needed for the child or important information pertaining to your business. Come and learn some effective communication techniques to use with the parents in your child care. We will discuss daily notes, newsletters, conferencing, bulletin boards etc.

88. Quality vs. Quantity in Childcare Centers

Room: Executive

Content Areas: Strategies to Manage an Effective Operation; Maintaining a Commitment to Professionalism

Training is Appropriate for: Center Directors, Teachers

Participant Training Level: Level 1 and 2

Jeannie Staton, Assistant Director, The Children's Garden

We will discuss why child care center quality is more important than just filling child care slots. Join me as we talk about accreditation, QRS, staff education, curriculum, parent satisfaction, materials, diversity, and the importance of play. Learn how to get yourself a great reputation and a waiting list.

89. Parent and Child Together (PACT) Time

Room: Westview

NAC Approved

Content Area: Positive Ways to Support Children's Social and Emotional Development; Steps to advance Children's Physical & Intellectual Development; Strategies to Establish Productive Relationships with Families; Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with infants thru school age children

Training is Appropriate for: Center Directors, Child Development Home Providers, Policy Makers, Teachers

Participant Training Level: Level 1, 2 and 3

Crystal Abbe, Family Literacy Liaison, Des Moines Public Schools

Kristen Warming, Family Literacy Liaison, Des Moines Public Schools

Parent and Child Together (PACT) times have been successfully implemented in 19 Des Moines Public Schools' Early Childhood classrooms for two years. PACT time offers parents the opportunity to participate in their child's learning through simple, weekly activities. Engaging parents in their children's education can be challenging. Come to this session for ideas in planning PACT times to increase parent involvement, deepen parent-child relationships, and strengthen parent-teachers partnerships.

Workshops—Saturday, October 15, 3:45-4:45

90. Healthy Homes for Child Care Providers

Room: 292

Content Area: Planning a Safe, Healthy Learning Environment

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: Center Directors, Child Development Home Providers, and Teachers

Participant Training Level: Level 1

Candace Chihak RN, BSN, Hawkeye Area Community Action Agency

The link between the environment and individual health has been long known. The Healthy Homes Initiative looks more closely at this link and identifies interventions that can minimize health consequences through recognition and maintenance. This session will illustrate these links and help you to see the benefits of establishing a healthy environment initiative in your child care business.

91. Creating a Team- Staff Buy-in and Ownership

Room: 298

NAC approved

Content Areas: Strategies to Manage an Effective Operation; Strategies to Establish Productive Relationships with Families; Maintaining a Commitment to Professionalism

Training Applies to: Early Childhood Professionals working with children of all ages

Training is Appropriate for: All Adults

Participant Training Level: Level 1, 2 and 3

*Monica Garner, Executive Director, The Village Early Childhood Center and Clarke Community Preschool
Lizzy Vanderflucht, Childcare and Preschool Teacher/Curriculum Coordinator, The Village Early Childhood Center and Clarke Community Preschool*

Increase staff buy-in and ownership of your program. Decrease staff turnover, dissatisfaction on the job, and the negative workplace. This session will allow you to participate, self-reflect, brainstorm, and construct a plan to implement communication techniques in the workplace. The hands-on methods in this session will break the mold and allow programs to make-over, adjust, or push beyond the barrier of communication used in today's Childcare and Preschool programs. Take the challenge; guide your staff to "own" your program all the while increasing quality care and services for children.

92. Digital Documentation: A Positive Way to See Children's Progress and Communicate with Families

Room: 396

NAC approved

Content Areas: Positive Ways to Support Children's Social and Emotional Development; Steps to Advance Children's Physical & Intellectual Development; Strategies to Establish Productive Relationships with Families; Principles of Child Development and Learning; Observing and Recording Children's Behavior

Training Applies to: Early Childhood Professionals working with infants, toddlers and preschoolers

Training is Appropriate for: All Adults

Participant Training Level: Level 1 and 2

*Jodi Meyer-Mork, Assistant Professor of Education, Luther College
Natalie Tye, Director, Children Development Laboratory, University of Central Missouri*

Digital documentation is a powerful tool that illustrates children's competencies related to early learning standards. It can be used to support all children's growth and as a positive communication strategy for use with parents and professionals. See how to use digital documentation in your program and to create digital portfolios that highlight children's growth.